

SPEECH THERAPY

The Goal of Speech Therapy is to...

improve cognition, swallowing, and communication. Speech Therapy utilizes play activity to improve language development and speech intelligibility with the pediatric population. Speech Therapy assists with eating and swallowing skills in the pediatric and adult populations. Persons with cognitive impairment following stroke or head injury also benefit from Speech Therapy.

Our program focuses on:

- Language Skills
- Stuttering
- Social Communication
- Cognitive-linguistic Skills
- Speech Delays/Disorders
- Assistive Technology
- Swallowing Disorders
- Voice Disorders



Available at Indiana Total Therapy East

WOMEN'S HEALTH

Focus on Women's Health for specific concerns:

- *Available at Indiana Total Therapy East and Blairsville*
 - Lymphedema Management
 - Breast Cancer Rehab
- *Available at Indiana Total Therapy West*
 - Incontinence Management

NEW PATIENT REFERRALS ACCEPTED DIRECTLY FROM ALL AREA PHYSICIANS

For an appointment, please call

ONE OF OUR FOUR CONVENIENT LOCATIONS:

INDIANA TOTAL THERAPY WEST

2010 Shelly Drive
Indiana, PA 15701

Phone: 724-349-2276

Mon, Wed, Thur 7am-7pm
Tue & Fri 7am-5pm
Sat 8am-12pm

INDIANA TOTAL THERAPY EAST

835 Hospital Road
Indiana, PA 15701

Phone: 724-357-7068

Mon-Fri 8am-5pm

INDIANA TOTAL THERAPY at HOMER CITY

2354 Route 119

Homer City, PA 15748

Phone: 724-479-2259

Mon, Wed, Thur 7:30am-6pm
Tue & Fri 7:30am-12pm

INDIANA TOTAL THERAPY at BLAIRSVILLE

25 Colony Boulevard, Suite 104

Blairsville, PA 15717

Phone: 724-459-1770

Mon, Wed, Thur 7:30am-6pm
Tue & Fri 7:30am-12pm



Web: www.IndianaTotalTherapy.com



PHYSICAL THERAPY

OCCUPATIONAL THERAPY

HAND THERAPY

SPEECH THERAPY

PEDIATRIC THERAPY

AQUATIC THERAPY

VESTIBULAR AND BALANCE THERAPY

WORK HARDENING

WOMEN'S HEALTH

LYMPHEDEMA THERAPY

***"YOUR HOMETOWN
REHAB PROVIDER"***

PHYSICAL THERAPY

Physical Therapy is a profession whose practitioners utilize movement, various hands-on techniques, exercise of all types, and modalities (heat, electrical stimulation, ultrasound, etc) to improve the quality of life that you desire.

The Goal of Physical Therapy is to... treat movement dysfunctions and pain to further assist you in achieving the highest and safest level of function possible over the shortest time period.

Treatment Diagnoses Include...

- Sports and Work-related Injuries
- Sprains and Strains
- Low Back Pain
- Post-Op Rehab
- Total Joint Rehab
- Work Conditioning
- Bracing and orthotics

*Available at Indiana Total Therapy
West, East, Homer City, & Blairsville*



*Available at Indiana
Total Therapy East &
Blairsville*

OCCUPATIONAL THERAPY, HAND THERAPY & WORK HARDENING

Occupational Therapy is a healthcare profession that provides services to individuals whose lives have been disrupted by physical injury, illness or developmental delays.

The Goal of Occupational Therapy is to...

evaluate and treat a person's ability to perform activities of daily living (ADL's) involving work, self-care, play and leisure skills. Occupational Therapists can modify or accommodate daily tasks to promote maximum functional independence.



Treatment Diagnoses Include...

- Hand Therapy
- Neurological Therapy
- Arthritis Therapy
- Cognitive Testing and Rehab
- Pre-Drivers Assessment
- Back to Work Assessments
- Wheel Chair Clinics
- Custom Splints



*Available at Indiana Total Therapy
West, East, Homer City & Blairsville*

PEDIATRIC THERAPY

The Goal of Pediatric Therapy is to... ensure that each child with special needs receives all of the services that they may benefit from in order to reach their full potential within their home, school, and social environments.

We treat children with conditions such as:

- Autism Spectrum Disorders
- Mental Retardation
- Spina Bifida
- Cerebral Palsy
- Muscular Dystrophy
- Neurological Conditions
- Orthopaedic Conditions
- Articulation/Phonological Disorders
- General Development Delays
- Language Delays



Available at Indiana Total Therapy East

LYMPHEDEMA THERAPY

Focus on treatment of all types of lymphedema and swelling.

Available at Indiana Total Therapy East